

Anti-Racism Books – YSE Digital Library

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DESCRIPTIONS

1- Stamped From the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi

Some Americans cling desperately to the myth that we are living in a post-racial society, that the election of the first Black president spelled the doom of racism. In fact, racist thought is alive and well in America - more sophisticated and more insidious than ever. And as award-winning historian argues in *Stamped from the Beginning*, if we have any hope of grappling with this stark reality, we must first understand how racist ideas were developed, disseminated, and enshrined in American society.

In this deeply researched and fast-moving narrative, Kendi chronicles the entire story of anti-Black racist ideas and their staggering power over the course of American history. *Stamped from the Beginning* uses the life stories of five major American intellectuals to offer a window into the contentious debates between assimilationists and segregationists and between racists and antiracists. From Puritan minister Cotton Mather to Thomas Jefferson, from fiery abolitionist William Lloyd Garrison to brilliant scholar W.E.B. Du Bois to legendary anti-prison activist Angela Davis, it shows how and why some of our leading proslavery and pro-civil rights thinkers have challenged or helped cement racist ideas in America.

Contrary to popular conceptions, racist ideas did not arise from ignorance or hatred. Instead, they were devised and honed by some of the most brilliant minds of each era. These intellectuals used their brilliance to justify and rationalize deeply entrenched discriminatory policies and the nation's racial disparities in everything from wealth to health. And while racist ideas are easily produced and easily consumed, they can also be discredited. In shedding much-needed light on the murky history of racist ideas, *Stamped from the Beginning* offers us the tools we need to expose them - and in the process, gives us reason to hope.

2- The New Jim Crow Mass Incarceration in the Age of Colorblindness by Michelle Alexander

Seldom does a book have the impact of Michelle Alexander's *The New Jim Crow*. Since it was first published in 2010, it has been cited in judicial decisions and has been adopted in campus-wide and community-wide reads; it helped inspire the creation of the Marshall Project and the new \$ 100 million Art for Justice Fund; it has been the winner of numerous prizes, including the prestigious NAACP Image Award; and it has spent nearly 250 weeks on the New York Times bestseller list.

Most important of all, it has spawned a whole generation of criminal justice reform activists and organizations motivated by Michelle Alexander's unforgettable argument that "we have not ended racial caste in America; we have merely redesigned it." As the Birmingham News proclaimed, it is "undoubtedly the most important book published in this century about the U.S."

Now, ten years after it was first published, The New Press is proud to issue a tenth-anniversary edition with a new preface by Michelle Alexander that discusses the impact the book has had and the state of the criminal justice reform movement today.

3- How to Be an Antiracist by Ibram X. Kendi

Antiracism is a transformative concept that reorients and reenergizes the conversation about racism — and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. At its core, racism is a powerful system that creates false hierarchies of human value; its warped logic extends beyond race, from the way we regard people of different ethnicities or skin colors to the way we treat people of different sexes, gender identities, and body types. Racism intersects with class and culture and geography and even changes the way we see and value ourselves. In *How to Be an Antiracist*, Kendi takes readers through a widening circle of antiracist ideas — from the most basic concepts to visionary possibilities — that will help readers see all forms of racism clearly, understand their poisonous consequences, and work to oppose them in our systems and in ourselves.

Kendi weaves an electrifying combination of ethics, history, law, and science with his own personal story of awakening to antiracism. This is an essential work for anyone who wants to go beyond the awareness of racism to the next step: contributing to the formation of a just and equitable society.

Praise for How to Be an Antiracist

“Ibram X. Kendi’s new book, *How to Be an Antiracist*, couldn’t come at a better time. . . . Kendi has gifted us with a book that is not only an essential instruction manual but also a memoir of the author’s own path from anti-black racism to anti-white racism and, finally, to antiracism. . . . *How to Be an Antiracist* gives us a clear and compelling way to approach, as Kendi puts it in his introduction, ‘the basic struggle we’re all in, the struggle to be fully human and to see that others are fully human.’ ”
—NPR

“Kendi dissects why in a society where so few people consider themselves to be racist the divisions and inequalities of racism remain so prevalent. *How to Be an Antiracist* punctures the myths of a post-racial America, examining what racism really is — and what we should do about it

4- So You Want to Talk About Race (2018) By Ijeoma Oluo

Widespread reporting on aspects of white supremacy - from police brutality to the mass incarceration of Black Americans - has put a media spotlight on racism in our society. Still, it is a difficult subject to talk about. How do you tell your roommate her jokes are racist? Why did your sister-in-law take umbrage when you asked to touch her hair - and how do you make it right? How do you explain white privilege to your white, privileged friend?

In *So You Want to Talk About Race*, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.

"Oluo gives us - both white people and people of color - that language to engage in clear, constructive, and confident dialogue with each other about how to deal with racial prejudices and biases." - National Book Review

"Generous and empathetic, yet usefully blunt... It's for anyone who wants to be smarter and more empathetic about matters of race and engage in more productive anti-racist action

5- White Fragility by Robin DiAngelo

In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially,

white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively

6- My Vanishing Country: A Memoir by Bakari Seller

Part memoir, part historical and cultural analysis, *My Vanishing Country* is an eye-opening journey through the South's past, present, and future.

Anchored in in Bakari Seller's hometown of Denmark, South Carolina, *Country* illuminates the pride and pain that continues to fertilize the soil of one of the poorest states in the nation. He traces his father's rise to become, friend of Stokely Carmichael and Martin Luther King, a civil rights hero, and member of the Student Non-Violent Coordinating Committee (SNCC), to explore the plight of the South's dwindling rural, black working class— many of whom can trace their ancestry back for seven generations.

In his poetic personal history, we are awakened to the crisis affecting the other "Forgotten Men & Women," who the media seldom acknowledges. For Sellers, these are his family members, neighbors, and friends. He humanizes the struggles that shape their lives: to gain access to healthcare as rural hospitals disappear; to make ends meet as the factories they have relied on shut down and move overseas; to hold on to precious traditions as their towns erode; to forge a path forward without succumbing to despair.

My Vanishing Country is also a love letter to fatherhood — to Sellers' father, his lodestar, whose life lessons have shaped him, and to his newborn twins, who he hopes will embrace the Sellers family name and honor its legacy.

7- Between the World and Me by Ta-Nehisi Coates

In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men — bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find

a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden?

Between the World and Me is Ta-Nehisi Coates's attempt to answer these questions in a letter to his adolescent son. Coates shares with his son — and readers — the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, *Between the World and Me* clearly illuminates the past, bravely confronts our present, and offers a transcendent vision for a way forward.

8- Why I'm no longer talking to white people about race by Reni Eddo-Lodge

Award-winning journalist Reni Eddo-Lodge was frustrated with the way that discussions of race and racism are so often led by those blind to it, by those willfully ignorant of its legacy. Her response, *Why I'm No Longer Talking to White People About Race*, has transformed the conversation both in Britain and around the world. Examining everything from eradicated black history to the political purpose of white dominance, from whitewashed feminism to the inextricable link between class and race, Eddo-Lodge offers a timely and essential new framework for how to see, acknowledge, and counter racism. Including a new afterword by the author, this is a searing, illuminating, absolutely necessary exploration of what it is to be a person of color in Britain today, and an essential handbook for anyone looking to understand how structural racism works.

9- Why are all the Black Kids Sitting Together in the Cafeteria by Beverly Daniel Tatum

A psychologist explains the development of Racial Identity.

Walk into any racially mixed high school and you will see Black, White, and Latino youth clustered in their own groups. Is this self-segregation a problem to address or a coping strategy? Beverly Daniel Tatum, a renowned authority on the psychology of racism, argues that straight talk about our racial identities is essential if we are serious about enabling communication across racial and ethnic divides. These topics have only become more urgent as the national conversation about race is increasingly acrimonious. This fully revised edition is essential reading for anyone seeking to understand the dynamics of race in America.

10- Locking Up Our Own: Crime and Punishment in Black America by James Forman Jr.

WINNER OF THE PULITZER PRIZE FOR GENERAL NON-FICTION
ONE OF THE NEW YORK TIMES BOOK REVIEWS' 10 BEST BOOKS
LONG-LISTED FOR THE THE NATIONAL BOOK AWARD
FINALIST, CURRENT INTEREST CATEGORY, LOS ANGELES TIMES BOOK PRIZES

"*Locking Up Our Own* is an engaging, insightful, and provocative reexamination of over-incarceration in the black community. James Forman Jr. carefully exposes the complexities of crime, criminal justice, and race. What he illuminates should not be ignored." —Bryan Stevenson, author of *Just Mercy* and founder of the Equal Justice Initiative

"A beautiful book, written so well, that gives us the origins and consequences of where we are . . . I can see why [the Pulitzer prize] was awarded." —Trevor Noah, *The Daily Show*

Former public defender James Forman, Jr. is a leading critic of mass incarceration and its disproportionate impact on people of color. In *Locking Up Our Own*, he seeks to understand the war on crime that began in the 1970s and why it was supported by many African American leaders in the nation's urban centers.

Forman shows us that the first substantial cohort of black mayors, judges, and police chiefs took office amid a surge in crime and drug addiction. Many prominent black officials, including Washington, D.C. mayor Marion Barry and federal prosecutor Eric Holder, feared that the gains of the civil rights movement were being undermined by lawlessness—and thus embraced tough-on-crime measures, including longer sentences and aggressive police tactics. In the face of skyrocketing murder rates and the proliferation of open-air drug markets, they believed they had no choice. But the policies they adopted would have devastating consequences for residents of poor black neighborhoods.

A former D.C. public defender, Forman tells riveting stories of politicians, community activists, police officers, defendants, and crime victims. He writes with compassion about individuals trapped in terrible dilemmas—from the men and women he represented in court to officials struggling to respond to a public safety emergency. *Locking Up Our Own* enriches our understanding of why our society became so punitive and offers important lessons to anyone concerned about the future of race and the criminal justice system in this country.

11- Blindspot: Hidden Biases of Good People by Mahzarin R. Banaji and Anthony G. Greenwald

"Accessible and authoritative . . . While we may not have much power to eradicate our own prejudices, we can counteract them. The first step is to turn a hidden bias into a visible one. . . . What if we're not the magnanimous people we think we are?"—*The Washington Post*

I know my own mind.

I am able to assess others in a fair and accurate way.

These self-perceptions are challenged by leading psychologists Mahzarin R. Banaji and Anthony G. Greenwald as they explore the hidden biases we all carry from a lifetime of exposure to cultural attitudes about age, gender, race, ethnicity, religion, social class, sexuality, disability status, and nationality.

“Blindspot” is the authors’ metaphor for the portion of the mind that houses hidden biases. Writing with simplicity and verve, Banaji and Greenwald question the extent to which our perceptions of social groups—without our awareness or conscious control—shape our likes and dislikes and our judgments about people’s character, abilities, and potential.

In *Blindspot*, the authors reveal hidden biases based on their experience with the Implicit Association Test, a method that has revolutionized the way scientists learn about the human mind and that gives us a glimpse into what lies within the metaphoric blindspot.

The title’s “good people” are those of us who strive to align our behavior with our intentions. The aim of *Blindspot* is to explain the science in plain enough language to help well-intentioned people achieve that alignment. By gaining awareness, we can adapt beliefs and behavior and “outsmart the machine” in our heads so we can be fairer to those around us. Venturing into this book is an invitation to understand our own minds.

12-American Islamophobia by Khaled A. Beydoun

“I remember the four words that repeatedly scrolled across my mind after the first plane crashed into the World Trade Center in New York City. ‘Please don’t be Muslims, please don’t be Muslims.’ The four words I whispered to myself on 9/11 reverberated through the mind of every Muslim American that day and every day after.... Our fear, and the collective breath or brace for the hateful backlash that ensued, symbolize the existential tightrope that defines Muslim American identity today.”

The term “Islamophobia” may be fairly new, but irrational fear and hatred of Islam and Muslims is anything but. Though many speak of Islamophobia’s roots in racism, have we considered how anti-Muslim rhetoric is rooted in our legal system?

Using his unique lens as a critical race theorist and law professor, Khaled A. Beydoun captures the many ways in which law, policy, and official state rhetoric have fueled the frightening resurgence of Islamophobia in the United States. Beydoun charts its long and terrible history, from the plight of enslaved African Muslims in the antebellum South and the laws prohibiting Muslim immigrants from becoming citizens to the ways the war on terror assigns blame for any terrorist act to Islam and the myriad trials Muslim Americans face in the Trump era. He passionately argues that by failing to frame Islamophobia as a system of bigotry endorsed and emboldened by law and carried out by government actors, U.S. society ignores the injury it inflicts on both Muslims and non-Muslims. Through the stories of Muslim Americans who have experienced Islamophobia across various racial, ethnic, and socioeconomic lines, Beydoun

shares how U.S. laws shatter lives, whether directly or inadvertently. And with an eye toward benefiting society as a whole, he recommends ways for Muslim Americans and their allies to build coalitions with other groups. Like no book before it, *American Islamophobia* offers a robust and genuine portrait of Muslim America then and now.

13-A Terrible Thing to Waste: Environmental Racism and Its Assault on the American Mind by Harriet A. Washington

A "powerful and indispensable" look at the devastating consequences of environmental racism (Gerald Markowitz) and what we can do to remedy its toxic effects on marginalized communities -- featuring a new preface on COVID-19 risk factors.

Did you know...

- Middle-class African American households with incomes between \$50,000 and \$60,000 live in neighborhoods that are more polluted than those of very poor white households with incomes below \$10,000.
- When swallowed, a lead-paint chip no larger than a fingernail can send a toddler into a coma -- one-tenth of that amount will lower his IQ.
- Nearly two of every five African American homes in Baltimore are plagued by lead-based paint. Almost all of the 37,500 Baltimore children who suffered lead poisoning between 2003 and 2015 were African American.

From injuries caused by lead poisoning to the devastating effects of atmospheric pollution, infectious disease, and industrial waste, Americans of color are harmed by environmental hazards in staggeringly disproportionate numbers. This systemic onslaught of toxic exposure and institutional negligence causes irreparable physical harm to millions of people across the country-cutting lives tragically short and needlessly burdening our health care system. But these deadly environments create another insidious and often overlooked consequence: robbing communities of color, and America as a whole, of intellectual power.

The 1994 publication of *The Bell Curve* and its controversial thesis catapulted the topic of genetic racial differences in IQ to the forefront of a renewed and heated debate. Now, in *A Terrible Thing to Waste*, award-winning science writer Harriet A. Washington adds her incisive analysis to the fray, arguing that IQ is a biased and flawed metric, but that it is useful for tracking cognitive damage. She takes apart the spurious notion of intelligence as an inherited trait, using copious data that instead point to a different cause of the reported African American-white IQ gap: environmental racism - a confluence of racism and other institutional factors that relegate marginalized communities to living and working near sites of toxic waste, pollution, and insufficient sanitation services. She investigates heavy metals, neurotoxins, deficient prenatal care, bad nutrition, and even pathogens as chief agents influencing intelligence to explain why communities of color are disproportionately affected -- and what can be done to remedy this devastating problem.

14-Caste: The Origins of our Discontents by Isabel Wilkerson

The Pulitzer Prize–winning, bestselling author of *The Warmth of Other Suns* examines the unspoken caste system that has shaped America and shows how our lives today are still defined by a hierarchy of human divisions.

NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY *PUBLISHERS WEEKLY*

“As we go about our daily lives, caste is the wordless usher in a darkened theater, flashlight cast down in the aisles, guiding us to our assigned seats for a performance. The hierarchy of caste is not about feelings or morality. It is about power—which groups have it and which do not.”

In this brilliant book, Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched narrative and stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings.

Beyond race, class, or other factors, there is a powerful caste system that influences people’s lives and behavior and the nation’s fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. Using riveting stories about people—including Martin Luther King, Jr., baseball’s Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others—she shows the ways that the insidious undertow of caste is experienced every day. She documents how the Nazis studied the racial systems in America to plan their out-cast of the Jews; she discusses why the cruel logic of caste requires that there be a bottom rung for those in the middle to measure themselves against; she writes about the surprising health costs of caste, in depression and life expectancy, and the effects of this hierarchy on our culture and politics. Finally, she points forward to ways America can move beyond the artificial and destructive separations of human divisions, toward hope in our common humanity.

Beautifully written, original, and revealing, *Caste: The Origins of Our Discontents* is an eye-opening story of people and history, and a reexamination of what lies under the surface of ordinary lives and of American life today.

15- One Person No Vote: How Voter Suppression is Destroying Our Democracy by Carol Anderson

As featured in the documentary *All In: The Fight for Democracy*

PEN/John Kenneth Galbraith Award Finalist, Longlisted for the National Book Award Best Books of the Year--*Washington Post*, *Boston Globe*, *NPR*, *Bustle*, NYPL

From the award-winning, *NYT* bestselling author of *White Rage*, the startling--and timely--

history of voter suppression in America, with a foreword by Senator Dick Durbin, now with a new afterword by the author.

In her *New York Times* bestseller *White Rage*, Carol Anderson laid bare an insidious history of policies that have systematically impeded black progress in America, from 1865 to our combustible present. With *One Person, No Vote*, she chronicles a related history: the rollbacks to African American participation in the vote since the 2013 Supreme Court decision that eviscerated the Voting Rights Act of 1965. Known as the *Shelby* ruling, this decision effectively allowed districts with a demonstrated history of racial discrimination to change voting requirements without approval from the Department of Justice.

Focusing on the aftermath of *Shelby*, Anderson follows the astonishing story of government-dictated racial discrimination unfolding before our very eyes as more and more states adopt voter suppression laws. In gripping, enlightening detail she explains how voter suppression works, from photo ID requirements to gerrymandering to poll closures. In a powerful new afterword, she examines the repercussions of the 2018 midterm elections. And with vivid characters, she explores the resistance: the organizing, activism, and court battles to restore the basic right to vote to all Americans.

16- The Condemnation of Blackness: Race, Crime, and the Making of Modern Urban America by Khalil Gibran Muhammad

Winner of the John Hope Franklin Prize
A *Moyers & Company* Best Book of the Year

“A brilliant work that tells us how directly the past has formed us.”
—Darryl Pinckney, *New York Review of Books*

How did we come to think of race as synonymous with crime? A brilliant and deeply disturbing biography of the idea of black criminality in the making of modern urban America, *The Condemnation of Blackness* reveals the influence this pernicious myth, rooted in crime statistics, has had on our society and our sense of self. Black crime statistics have shaped debates about everything from public education to policing to presidential elections, fueling racism and justifying inequality. How was this statistical link between blackness and criminality initially forged? Why was the same link not made for whites? In the age of Black Lives Matter and Donald Trump, under the shadow of Ferguson and Baltimore, no questions could be more urgent.

“The role of social-science research in creating the myth of black criminality is the focus of this seminal work...[It] shows how progressive reformers, academics, and policy-makers subscribed to a ‘statistical discourse’ about black crime...one that shifted blame onto black people for their disproportionate incarceration and continues to sustain gross racial disparities in American law enforcement and criminal justice.”
—Elizabeth Hinton, *The Nation*

“Muhammad identifies two different responses to crime among African-Americans in the post–

Civil War years, both of which are still with us: in the South, there was vigilantism; in the North, there was an increased police presence. This was not the case when it came to white European-immigrant groups that were also being demonized for supposedly containing large criminal elements.”

—*New Yorker*

17- White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson

From the Civil War to our combustible present, *White Rage* reframes our continuing conversation about race, chronicling the powerful forces opposed to black progress in America--now in paperback with a new afterword by the author, acclaimed historian Carol Anderson.

As Ferguson, Missouri, erupted in August 2014, and media commentators across the ideological spectrum referred to the angry response of African Americans as “black rage,” historian Carol Anderson wrote a remarkable op-ed in *The Washington Post* suggesting that this was, instead, “white rage at work. With so much attention on the flames,” she argued, “everyone had ignored the kindling.”

Since 1865 and the passage of the Thirteenth Amendment, every time African Americans have made advances towards full participation in our democracy, white reaction has fueled a deliberate and relentless rollback of their gains. The end of the Civil War and Reconstruction was greeted with the Black Codes and Jim Crow; the Supreme Court's landmark 1954 *Brown v. Board of Education* decision was met with the shutting down of public schools throughout the South while taxpayer dollars financed segregated white private schools; the Civil Rights Act of 1964 and Voting Rights Act of 1965 triggered a coded but powerful response, the so-called Southern Strategy and the War on Drugs that disenfranchised millions of African Americans while propelling presidents Nixon and Reagan into the White House, and then the election of America's first black President, led to the expression of white rage that has been as relentless as it has been brutal.

Carefully linking these and other historical flashpoints when social progress for African Americans was countered by deliberate and cleverly crafted opposition, Anderson pulls back the veil that has long covered actions made in the name of protecting democracy, fiscal responsibility, or protection against fraud, rendering visible the long lineage of white rage. Compelling and dramatic in the unimpeachable history it relates, *White Rage* will add an important new dimension to the national conversation about race in America.

18- Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Jennifer L. Eberhardt, Ph.D.

From one of the world's leading experts on unconscious racial bias come stories, science, and strategies to address one of the central controversies of our time

How do we talk about bias? How do we address racial disparities and inequities? What role do

our institutions play in creating, maintaining, and magnifying those inequities? What role do we play? With a perspective that is at once scientific, investigative, and informed by personal experience, Dr. Jennifer Eberhardt offers us the language and courage we need to face one of the biggest and most troubling issues of our time. She exposes racial bias at all levels of society—in our neighborhoods, schools, workplaces, and criminal justice system. Yet she also offers us tools to address it. Eberhardt shows us how we can be vulnerable to bias but not doomed to live under its grip. Racial bias is a problem that we all have a role to play in solving.

19- The Miner’s Canary – Enlisting Race, Resisting Power, Transforming Democracy by Lani Guinier and Gerald Torres

Like the canaries that alerted miners to a poisonous atmosphere, issues of race point to underlying problems in society that ultimately affect everyone, not just minorities. Addressing these issues is essential. Ignoring racial differences--race blindness--has failed. Focusing on individual achievement has diverted us from tackling pervasive inequalities. Now, in a powerful and challenging book, Lani Guinier and Gerald Torres propose a radical new way to confront race in the twenty-first century.

Given the complex relationship between race and power in America, engaging race means engaging standard winner-take-all hierarchies of power as well. Terming their concept "political race," Guinier and Torres call for the building of grass-roots, cross-racial coalitions to remake those structures of power by fostering public participation in politics and reforming the process of democracy. Their illuminating and moving stories of political race in action include the coalition of Hispanic and black leaders who devised the Texas Ten Percent Plan to establish equitable state college admissions criteria, and the struggle of black workers in North Carolina for fair working conditions that drew on the strength and won the support of the entire local community.

The aim of political race is not merely to remedy racial injustices, but to create truly participatory democracy, where people of all races feel empowered to effect changes that will improve conditions for everyone. In a book that is ultimately not only aspirational but inspirational, Guinier and Torres envision a social justice movement that could transform the nature of democracy in America.

20- Dreams from My Father: A story of Race and Inheritance by Barak Obama

In this lyrical, unsentimental, and compelling memoir, the son of a black African father and a white American mother searches for a workable meaning to his life as a black American. It begins in New York, where Barack Obama learns that his father—a figure he knows more as a myth than as a man—has been killed in a car accident. This sudden death inspires an emotional odyssey—first to a small town in Kansas, from which he retraces the migration of his mother’s family to Hawaii, and then to Kenya, where he meets the African side of his family, confronts the bitter truth of his father’s life, and at last reconciles his divided inheritance. Pictured in lefthand photograph on cover: Habiba Akumu Hussein and Barack Obama, Sr.

(President Obama's paternal grandmother and his father as a young boy). Pictured in righthand photograph on cover: Stanley Dunham and Ann Dunham (President Obama's maternal grandfather and his mother as a young girl).

21- **The Vanishing Half – Britt Bennett**

#1 *NEW YORK TIMES* BESTSELLER
LONGLISTED FOR THE NATIONAL BOOK AWARD
A GOOD MORNING AMERICA Book Club Pick

From *The New York Times*-bestselling author of *The Mothers*, a stunning new novel about twin sisters, inseparable as children, who ultimately choose to live in two very different worlds, one black and one white.

The Vignes twin sisters will always be identical. But after growing up together in a small, southern black community and running away at age sixteen, it's not just the shape of their daily lives that is different as adults, it's everything: their families, their communities, their racial identities. Many years later, one sister lives with her black daughter in the same southern town she once tried to escape. The other secretly passes for white, and her white husband knows nothing of her past. Still, even separated by so many miles and just as many lies, the fates of the twins remain intertwined. What will happen to the next generation, when their own daughters' storylines intersect?

Weaving together multiple strands and generations of this family, from the Deep South to California, from the 1950s to the 1990s, Brit Bennett produces a story that is at once a riveting, emotional family story and a brilliant exploration of the American history of passing. Looking well beyond issues of race, *The Vanishing Half* considers the lasting influence of the past as it shapes a person's decisions, desires, and expectations, and explores some of the multiple reasons and realms in which people sometimes feel pulled to live as something other than their origins.

As with her *New York Times*-bestselling debut *The Mothers*, Brit Bennett offers an engrossing page-turner about family and relationships that is immersive and provocative, compassionate and wise.

22- **Alien Nation: Chinese Migration in the Americas from the Coolie Era through World War II by Elliot Young**

In this sweeping work, Elliott Young traces the pivotal century of Chinese migration to the Americas, beginning with the 1840s at the start of the "coolie" trade and ending during World War II. The Chinese came as laborers, streaming across borders legally and illegally and working jobs few others wanted, from constructing railroads in California to harvesting sugar cane in Cuba. Though nations were built in part from their labor, Young argues that they were the first group of migrants to bear the stigma of being "alien." Being neither black nor white and existing outside of the nineteenth century Western norms of sexuality and gender, the Chinese

were viewed as permanent outsiders, culturally and legally. It was their presence that hastened the creation of immigration bureaucracies charged with capture, imprisonment, and deportation.

This book is the first transnational history of Chinese migration to the Americas. By focusing on the fluidity and complexity of border crossings throughout the Western Hemisphere, Young shows us how Chinese migrants constructed alternative communities and identities through these transnational pathways.

23- Race Talk and the Conspiracy of Silence by Derald Wing Sue

A guide for facilitating and participating in difficult dialogues about race, author Derald Wing Sue – an internationally recognized expert on multiculturalism, diversity, and microaggressions – explores the characteristics, dynamics, and meaning behind discussions about race as well as the hidden “ground rules” that inhibit honest and productive dialogue. Through emotional and visceral examples, this book explains why conversations revolving around racial issues are so difficult, and provides guidelines, techniques, and advice for navigating and leading honest and forthright discussions.

24- The Myth of the Model Minority by Rosaling S. Chou and Joe R. Feagin

With their apparent success in schools and careers, Asian Americans have long been viewed by as the “model minority.” Yet few Americans realize the lives of many Asian Americans are constantly stressed by racism. Chou and Feagin assess racial stereotyping and discrimination from dozens of interviews across the country with Asian Americans in a variety of settings, from elementary schools to colleges, workplaces, and other public arenas. This book dispels notions that Asian Americans are universally “favored” by whites and have an easy time adapting to life in American society. The authors conclude with policy measures that can improve the lives not only of Asian Americans but also of other Americans of color.

25- Benign Bigotry: The Psychology of Subtle Prejudice by Kristin J. Anderson

While overt prejudice is now much less prevalent than in decades past, subtle prejudice - prejudice that is inconspicuous, indirect, and often unconscious - continues to pervade our society. Laws do not protect against subtle prejudice and, because of its covert nature, it is difficult to observe and frequently goes undetected by both perpetrator and victim. Benign Bigotry uses a fresh, original format to examine subtle prejudice by addressing six commonly held cultural myths based on assumptions that appear harmless but actually foster discrimination: 'those people all look alike'; 'they must be guilty of something'; 'feminists are man-haters'; 'gays flaunt their sexuality'; 'I'm not a racist, I'm color-blind' and 'affirmative action is reverse racism'. Kristin J. Anderson skillfully relates each of these myths to real world events, emphasizes how errors in individual thinking can affect society at large, and suggests strategies for reducing prejudice in daily life.

26- Diversity, Inc. by Pamela Newkirk

An award-winning journalist shows how workplace diversity initiatives have turned into a profoundly misguided industry—and have done little to bring equality to America's major industries and institutions.

Diversity has become the new buzzword, championed by elite institutions from academia to Hollywood to corporate America. In an effort to ensure their organizations represent the racial and ethnic makeup of the country, industry and foundation leaders have pledged hundreds of millions of dollars to commission studies, launch training sessions, and hire consultants and diversity czars. But is it working?

In *Diversity, Inc.*, award-winning journalist Pamela Newkirk shines a bright light on the diversity industry, asking the tough questions about what has been effective—and why progress has been so slow. Newkirk highlights the rare success stories, sharing valuable lessons about how other industries can match those gains. But as she argues, despite decades of handwringing, costly initiatives, and uncomfortable conversations, organizations have, apart from a few exceptions, fallen far short of their goals.

Diversity, Inc. incisively shows the vast gap between the rhetoric of inclusivity and real achievements. If we are to deliver on the promise of true equality, we need to abandon ineffective, costly measures and commit ourselves to combatting enduring racial attitudes.

27- Punished: Policing the Lives of Black and Latino Boys by Victor M. Rios

From Publishers Weekly: In this compelling sociological narrative, Rios describes the problems facing black and Latino youth as they come of age. A former gang member who went on to earn a Ph.D. at Berkeley, Rios returned to his old Oakland neighborhood to shadow 40 young men as they dealt with poverty, violence, and institutionalized racism. As he recounts their life stories, Rios deftly balances analysis with vivid anecdotes about uninterested educators, struggling parents, police brutality, and gang victimization. From elementary school on, teachers and law enforcement mark these boys as "dangerous" or "difficult," and harshly punish them for petty infractions. Once they accumulate "negative credentials," the young men are subject to increased surveillance—and are consequently more likely to end up in prison. Rios terms this criminalization "the youth control complex," and explains how it systematically deprives boys of their dignity and their ability to succeed at school or in the job market. He examines how the culture of punishment pushes young men into the very criminality that the punishment is meant to deter, and makes a compelling argument that better financed social programs and positive reinforcement could make all the difference.

28- Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla F. Saad

The *New York Times* and *USA Today* bestseller! This eye-opening book challenges you to do the essential work of unpacking your biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

"Layla Saad is one of the most important and valuable teachers we have right now on the subject of white supremacy and racial injustice."—*New York Times* bestselling author Elizabeth Gilbert

Based on the viral Instagram challenge that captivated participants worldwide, *Me and White Supremacy* takes readers on a 28-day journey, complete with journal prompts, to do the necessary and vital work that can ultimately lead to improving race relations.

Updated and expanded from the original workbook (downloaded by nearly 100,000 people), *this critical text* helps you take the work deeper by adding more historical and cultural contexts, sharing moving stories and anecdotes, and including expanded definitions, examples, and further resources, giving you the language to understand racism, and to dismantle your own biases, whether you are using the book on your own, with a book club, or looking to start family activism in your own home.

This book will walk you step-by-step through the work of examining:

- Examining your own white privilege
- What allyship really means
- Anti-blackness, racial stereotypes, and cultural appropriation
- Changing the way that you view and respond to race
- How to continue the work to create social change

Awareness leads to action, and action leads to change.